

13th December 2019

Dear Parents and Carers,

### Beacon Peaceful School

We are proud to announce that our school is very much worthy of a Beacon Peaceful School Award. We were proud to receive this award that was presented to us by Anna Lubelska the Peaceful Schools Co-ordinator. Both Miss Yasmin and Mr Clarke have both received 'Peace Maker' awards because they have 'gone the extra mile' towards the promotion of peace within and beyond our school community.



### Christmas Fair

Thank you to all the children and staff for organising our school Christmas Fair on Wednesday. We had a range of stalls, including the products made by the children from our Enterprise week. Thank you to the many parents who attended. We have so far raised £406 to go towards resources for the Children's Think Tank room.

### Christmas Lunch

Christmas lunch was another huge success today. It was great to see so many parents enjoy eating lunch with their child/ren. Staff served children with their lunches, so they really did receive a special surprise. We thank all the kitchen staff for their hard work in making this super and tasty event possible.



### Seasonal Influenza (Flu)

Across the North West, and especially in school over the past few weeks, we have seen increasing numbers of flu-like illness in staff and children. The spread of infections can be reduced through good hand hygiene. Please find more important information on the back of this newsletter.



### ATTENDANCE

Attendance was amazing last week. All classes 5, 7, 8 and 9 for achieving over 96%.



### DATES FOR NEXT WEEK

- \* Monday 16th December - **NO** Whole School Assembly/Class 9 to sing pm to the residents Abbey Hey Care Home
- \* Tuesday 17th December - 11am Sports Assembly (Parents Welcome)/Man-United Christmas Party - letters have gone out
- \* Wednesday 18th December - Year 3 Nativity 'Bah! Humbug!' 9.30-11.00 Parents and Glodwick Infants/1.45-3.15pm Whole School Performance
- \* Thursday 19th December - CHRISTMAS SINGING SQUARE 9am (Parents Welcome)/Man-United Museum Tour - letters have gone out

**We finish for the holidays on Thursday 19th December and return on Monday 6th of January.**

## **FLU-LIKE ILLNESS IN SCHOOLS INFORMATION FOR PUPILS, PARENTS AND STAFF**

### **General hygiene**

The spread of most infectious illnesses is reduced through good hand hygiene. Please ensure that you and your child wash your hands frequently with warm water and soap, particularly after using the toilet, after using a tissue to catch a cough or sneeze, and before eating. If you are in a place where you are unable to wash your hands wet wipes or hand gels can be used.

### **Influenza (Flu)**

Flu and flu-like viruses spread easily between people from coughs and sneezes. They can live on hands and surfaces for up to 24 hours. Symptoms of flu may develop quickly and can include:

- Sudden fever
- Dry, chesty cough
- Sore throat
- Aching body
- Headache
- Tiredness
- Diarrhoea or tummy pain
- Nausea

For most healthy people flu is an unpleasant but self-limiting illness. However, some people can be more at risk of developing severe illness or complications including the following groups:

- Those aged 65 years or over
- Pregnant women
- Those with a long-term medical condition – for example, diabetes or a heart, lung, kidney or neurological disease.
- Those with a weakened immune system – for example, because of chemotherapy or HIV

If you or your child are affected by flu-like illnesses please stay off school until recovered and not had a fever for at least 24 hours.

If you or your child are in an at-risk group AND develop symptoms of flu, please seek prompt medical assessment via NHS 111, by a GP or a nurse who will be able to provide further advice.

If you or your child are not in an at-risk group but develop flu like illness and are concerned about your symptoms, please consult NHS 111, your GP or nurse in the normal way.



*Alexandra Park Junior School*

*To Learn, Be Happy and Achieve Our Best*

